

Ref. No:- SSMF/2024-25/0242

Date-10.01.2025

Subject: Collaboration for Menstrual Health and Hygiene Awareness

Dear Ma'am/Sir,

We are pleased to announce our collaboration with Ms. Amara Jain on her initiative aimed at empowering young girls by enhancing their health and hygiene awareness.

Over the past two years, Amara has successfully trained 300 girls in tailoring, promoting economic independence through upcycling. Throughout her work, she recognized a critical gap in menstrual and personal hygiene knowledge. Driven by this, Amara has decided to focus on educating these girls and their communities on the vital aspects of women's health.

To strengthen this initiative, Amara has partnered with the Sulabh Sanitation Mission Foundation (SSMF), a renowned leader in menstrual health education, sensitization, and sanitation. Through this partnership, Amara will provide funding, while SSMF will facilitate the distribution of sanitary napkins and conduct awareness sessions to empower these girls with essential knowledge on menstrual hygiene and personal well-being, fostering confidence and dignity.

We are proud to support this meaningful effort, which will have a lasting and transformative impact on the lives of young girls in underserved communities.

Warm regards,


Dr. Monika Jain

(Chairperson)

Sulabh Sanitation Mission Foundation

